Dailly Word

DECEMBER 1954

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

ILLUMINATION (11 a.m.): Jesus Christ is the light of my life, and I see my way clearly.

PROSPERITY (12 noon): The gifts of the Jesus Christ consciousness enrich my mind, body, and affairs, and I praise God for enduring prosperity.

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HEALING (9 p.m.): The healing consciousness of Jesus Christ restores me to enduring life and health.

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DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 61 DECEMBER, 1954 No. 6

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DAILY LESSONS FOR DECEMBER

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ND there were shepherds in the same country abiding in the field, and keeping watch by night over their flock. And an angel of the Lord stood by them, and the glory

of the Lord shone round about them: and they were sore afraid. And the angel said unto them, Be not afraid; for behold, I bring you good tidings of great joy which shall be to all the people: for there is born to you this day in the city of David a Saviour, who is Christ the Lord. And this is the sign unto you: Ye shall find a babe wrapped in swaddling clothes, and lying in a manger. And suddenly there was with the angel a multitude of the heavenly host praising God and saying,

Glory to God in the highest, And on earth peace among men in whom he is well pleased.

-Luke 2:8-14

My Heart That Was a Narrow Inn

ELEANOR HALBROOK ZIMMERMAN

My heart that was a narrow inn
With scarcely room for two,
I opened wide one Christmas Eve
My dear Lord Christ, to You.

I had but plain and simple fare,
And lowlier than a manger
The rough board bed I offered there,
To You, a Royal Stranger.

And yet You smiled upon it all,
And set a candle glowing,
Whose light was to enrich my life
Far beyond my knowing.

The water there was changed to wine, The crust of bread to glory, And simple fare became divine With Bethlehem's sweet story.

My heart that was a narrow inn
With scarcely room for two,
Tonight is wide and gayly decked
My dear Lord Christ, for You!

We Bless You at Christmas SILENT UNITY

As you read these words, open your heart and mind to receive the blessing they bring you from Silent Unity.



WE BLESS you at Christmas with a merry heart, a heart that sings its own song of gladness, a heart that catches the rhythm of life, a heart that is lifted, a heart that lifts up other hearts.

We bless you at Christmas with perfect health. God is your life; in Him you live. His strength

flows through you renewing, restoring, and making whole every part of you. Life is God's gift to you. Accept this gift at Christmas time. God bless you at Christmas with perfect health. God heal you now!

We bless you at Christmas with supply. What are your needs? God is the answer. God is your supply at Christmas time. He enriches your thoughts; He prospers your affairs. He blesses you with wisdom and good judgment in all your planning, in all your giving. Christmas is a rich season—a giving season, a receiving season. God bless

you at Christmas with supply; God fill your life full to overflowing with all good things.

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We bless you at Christmas with poise and peace. Of all the gifts God has to give you, none are more welcome, none are more needed at Christmas time than poise and peace. His Spirit in you fills you with quiet assurance. His presence in your midst gives you steadiness of nerves and sureness of direction. His Spirit in you is a calm spirit, a quiet spirit, a tranquil spirit. God bless you at Christmas with poise and peace. God be with you through every moment of every day so that you move through the rush of activities with grace and ease, so that wherever you are, you are a calming, peaceful influence.

We bless you at Christmas with orderly affairs. There need be no hurry, no worry, no confusion in your life or affairs, for God is with you, and He is working through you to do the things that need to be done, easily, perfectly, in order, and on time. You move from task to task with a feeling of accomplishment. You do not worry about the things yet to be done. You do not fret about anything or anyone. Every minute, every hour you put forth your best efforts, and you know that all is well, for you are working with God.

God bless you at Christmas with orderly affairs. God make your life an inspiration and a blessing to all with whom you live and work and associate.

We bless you at Christmas with a loving spirit. With every gift you give, with everything you do to make Christmas a happy time, you can give the greatest gift of all—you can give love. You have a wealth of love from which to give, for you have God's own love within your heart. God's love cannot be depleted. It increases with use. The more love you show toward others, the more love you feel in your heart. God bless you at Christmas with a loving spirit that reaches out to bless all—family, friends, salespersons, bus drivers—everyone along your way. God bless you with a loving spirit that radiates from you and attracts love to you.

We bless you at Christmas with the fulfillment of your heart's desire. What is the desire of your heart? Your true heart's desire is to be completely whole, a completely happy person. Your true heart's desire is to be free, to be wise, to be loving, to be understanding. Your true heart's desire is to have the feeling of belonging, of being needed, of being worthy, of being loved. Your true heart's desire is to be as God created you—a perfect spiritual being. God bless you at Christmas with the fulfillment of your heart's desire. God bless you with the courage and the faith to be the radiant self He sees in you.

We bless you at Christmas with perfect freedom. You are free now from unhappiness or from regret over the past. You are free from the belief in bondage to any condition, experience, or person. You are free now with the freedom of Spirit. You give thanks for the gift of freedom that God gives you, and you accept this gift for your very own. You say to negative thoughts: "You do not belong to me. I am free." You say to limiting conditions, "You cannot bind me, I am free." God bless you with perfect freedom this Christmas. God set your feet on new paths of Truth and light.

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We bless you at Christmas with light and understanding. The glory of the Lord shines round about you, and His Spirit illumines you. Where before anything in your experience seemed obscure or difficult to understand, now the clear, unclouded mind of Christ shines in you and through you, and you see all things in right perspective and relation. Your whole being is filled with light; its radiance permeates your every thought. You are no longer in darkness; you are light in the Lord. God bless you at Christmas with light and understanding. God make your very countenance to shine.

We bless you at Christmas with the gift of the Christ.

"Though Christ a thousand times in Bethlehem be born,

If he's not born in thee, thy soul is all forlorn."

Christ is born in you this Christmas time. He comes forth in you as new life, as new power, as new love, as new faith, as new light. "Christ in you, the hope of glory" now transforms you into a new person. You are born again this Christmas time, for Christ is "formed in you." You are no longer the same person. You are new in Christ, and your life takes on new meaning and new purpose. God bless you at Christmas with the gift of the Christ. God reveal to you your spiritual destiny as His beloved child.

We bless you at Christmas!

ATTENTION REGULAR SUBSCRIBERS

The heavy holiday mail often causes delay in magazine delivery during the Christmas season, so the January issue of your Unity periodical may be slow in reaching you. But practically no mail is lost in this seasonal rush, and we shall appreciate your waiting patiently for the January issue of YOUR magazine to arrive.

Thank you for your patience and co-operation!

This Holy Night

R. H. GRENVILLE



Light on the hearth this night!
The yule log burning bright
To warm and welcome all!
Gay tapers in the hall,
And in the high
Blue dome of wintry sky
The star-lamps' frosty light.
Love in the heart this night.
A lantern and a star!
Wherever people are,
Alone, or with their kin,
May Love's Lord enter in
And gently, softly light
The heart, this holy night!

Wednesday

CHRIST IS MY LIFE. IN HIM I AM COMPLETELY AND THOROUGHLY ALIVE.

HERE is healing for you. Christ in you is your life, Christ in you is healing you now. Think of the miracles of Jesus Christ, think of the power that is in His name, think of the healing power that flowed from Him to make whole even those who touched the hem of His garment.

Think of Jesus' words, "Lo, I am with you always." Know that the same Spirit which healed through Jesus Christ can heal you now. His Spirit is the life at the heart of your being; it is the

power that makes all things possible.

Close your eyes, relax, and think about the Christ life flowing in and through you. Think of your body as alive and alight with divine life. Stretch forth your hands in faith; take up your bed, and walk away from belief in limitation, in negation. Rejoice in the Christ life that is yours now. Live in this life now. Be healed by this life now.

Christ is your life. In Him you are completely and thoroughly alive.

^{*} Thy faith bath made thee whole.—LUKE 18:42.

TODAY I GIVE THANKS THAT THIS CHRIST-MAS SEASON WILL BE ONE OF JOY, PEACE, AND PROSPERITY

THE STORES are filled with Christmas gifts, the streets are decorated for Christmas, and people are planning, shopping, and hoping for a wonderful, happy Christmas.

At Christmas time, perhaps more than at any other time during the year, we need to take time to be still, to quiet our thoughts, to let go of

anxiety and tension.

Let us decide now, before the real rush of Christmas begins, to give some time every day during the next few weeks to just being still, to quieting our thoughts and emotions, to renewing our energy by returning in prayer to the source of our being. "In quietness and in confidence shall be your strength."

We shall find that our daily time of stillness, of meditation, and prayer will make shopping a joy, make our planning easy, and bless everything we do during the Christmas season.

Let us give thanks now for a joyous, peaceful, prosperous Christmas season.

Be still, and know that I am God .- PSALMS 46:10.

Friday

THE CHRIST IN ME REVEALS TO ME MY RIGHT PLACE, MY RIGHT WORK, MY RIGHT ENVIRON-MENT

HE place whereon thou standest is holy ground."

It is the Christ in us that reveals to us that we are in our right place, that the work we are doing is our right work, that the environment we are in is our right environment.

The Christ in us reveals to us that we have come forth from God to express His life and energy, His love and wisdom

The Christ in us reveals to us that we are beloved of God and needed by Him, that we are important in the divine scheme of things.

The Christ in us reveals to us that we are more than flesh and blood, that we are Spirit, perfect

and eternal

The Christ in us inspires the thoughts of our minds: the Christ in us directs the work of our hands. The Christ in us lifts up our hearts. The Christ in us makes us to know truly that the place on which we stand is "holy ground."

^{*} The place whereon thou standest is boly ground. -ACTS 7:33.

Saturday

I WALK FEARLESSLY THROUGH THIS DAY, FOR GOD IS WITH ME ALWAYS.

HAT an exciting challenge life becomes when lived close to God! With a knowledge and a feeling of His presence with me, every experience offers opportunity for proving Him, for proving His love and His allness.

I give thanks that the nearness of God's presence brings a sense of peace, joy, and love into the family circle. There is a sense of orderliness; there is time for every job and for every activity.

With God by my side, every job takes on new stature. A sense of rhythm sweeps the work along; creative ideas are present, and companionship is more harmonious.

Throughout the

Throughout the whole day I hold the sense of His presence near my heart. Time flows smoothly, and a heightened sense of the wonder of the world, of its beauty and majesty, its rhythm and harmony abides within me.

Love, joy, peace, and fulfillment are mine.

^{*} Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee.—IsA. 41:10.

Sunday

I KNOW THE TRUTH, AND THE TRUTH MAKES ME FREE.

Through Christ, the Truth that is in me."

Fortified by my faith in God and in Truth, I meet every day and every experience with con-

fidence and courage.

God is my Father, and I am a part of His creation. As His child I am heir to His kingdom, and I know that He gives me everything that will contribute to my highest good. Remembering that I am His child, I am wise, patient, brave, humble, merciful, and steadfast in all things.

My heavenly Father is all-powerful. As His heir I draw upon His resources and strength for my every need. No matter what demands are made upon me, I can say with Paul, "I can do all things

in him that strengtheneth me."

I am not limited in my spiritual growth. I can be all things through Christ, the Truth that is in me. Under the leading of Spirit I go forward victoriously.

[♣] I can do all things in him that strengtheneth me. —PHIL. 4:13.

I MAKE WISE AND RIGHT DECISIONS, FOR I JUDGE ALL THINGS BY THE LAW OF TRUTH.

HEN I have a decision to make, I prepare for the Christ wisdom to work through me by making a list of things that are for and things that are against what seems right to do. This helps me to evaluate the situation.

But I do not want to act from human judgment alone, even though I may have a good understanding of the situation. My next step is to pray for the judgment of God to take over my decision, for I know that appearances are not always true. I know that judgments and decisions based on appearances can lead me into greater difficulty. And so I give my heart and mind into God's keeping and ask that His wisdom work through me to make the right decisions.

I affirm, "I make wise and right decisions, for I judge all things by the law of Truth." When this affirmation has relaxed all doubts and fears, I feel a sense of peace.

When the decision must be made, I have the answer.

[€] Judge not according to appearance.—JOHN 7:24.

MY MIND IS NOW OPEN, MY HEART IS RE-CEPTIVE, AND MIRACLES ARE HAPPENING THROUGH ME.

Y MIND is open to Truth, and now I see as one with sight restored. No longer is my mind confused, no longer are my ideas vague or uncertain. Clear, true ideas flow into my mind. I recognize evidence of Truth wherever I look. I am aware of all the good teachers of Truth that surround me, of "tongues in trees, books in the running brooks, sermons in stones, and good in everything."

My heart is receptive to all the love, all the blessings that come to me from every hand. I tune in with the good spirit of the universe and feel

a oneness with God and Jesus Christ.

Miracles are happening through me, because I am putting on more of the Christ nature, more of the Christ likeness. I am no longer the same person. I am a new person in Christ. I think anew. I feel new faith stirring in my heart. I witness the good results of Truth taking place in my life and affairs.

Put on the new man, that after God hath been created in righteousness and holiness of truth.—EPH. 4:24.

I TOUCH THE LIVING CHRIST WITHIN ME, AND INSTANTLY MY WHOLE BODY IS VIBRANT WITH NEW LIFE.

Y HEALTH, strength, and vitality all flow from the Christ, the wellspring of eternal life within me. The Christ is ever at the center of my being, His life penetrates every cell of my body.

Many times each day I joyfully turn within to touch the living Christ, and the response is always instantaneous and sure. I feel the thrilling current of God-life flowing in and through my body, purifying, quickening, transforming every cell, every fiber, every organ with perfect health and vigor. From the top of my head to the soles of my feet I am alive, joyous, and radiant. My spirit is lifted up; my strength is renewed; my mind is refreshed. I return to my work with new enthusiasm and energy.

In the silence I touch the living Christ within me, and instantly my whole body is vibrant with new life

^{*} And the witness is this, that God gave unto us eternal life, and this life is in his Son. He that bath the Son bath the life.—I JOHN 5:11, 12.

Thursday

CHRIST IS IN MY HEART; CHRIST IS IN MY HOME. PEACE ABIDES WITH ME.

PEACE I leave with you; my peace I give unto you; not as the world giveth, give I unto you."

Christ fills my heart with His peace, the peace that endures through every trial or tribulation.

Christ fills my home with His peace. His presence is in our midst, a loving Spirit, a peace-giving Spirit, a harmonizing Spirit.

I bless myself and my dear ones in the realiza-

tion that Christ is in me and in them.

Christ is our life.

Christ is our harmony.

Christ is our understanding.

Christ is our perfection.

Christ is in my heart. Christ is in my home. Peace abides with me.

I am infolded in perfect peace. I am surrounded

by perfect peace.

All is calm, all is bright, all is serene within me and around me, for Christ is here. His peace is here.

♣ Peace I leave with you; my peace I give unto you; not as the world giveth, give I unto you.—John 14:27. TODAY I RELEASE ALL DOUBT AND STAND READY TO RECEIVE GOD'S ANSWER TO MY PRAYER.

Sometimes, we have faith that God will answer our prayers, but we qualify this faith with a bit of doubt that says "tomorrow, or next week, or sometime in the future." This little bit of doubt is just enough to block the channel and we may not receive the answer until considerable time has passed. True, there are prayers, the answers for which we are not yet ready. Nevertheless, we should not of our own accord put the answering of prayers into the future. Rather, we should pray that our desire be fulfilled, or our problem solved now.

So, today as I pray I cast aside all doubt. I state my need. I wait for guidance as to what I can do outwardly to bring about the condition I desire. I praise and give thanks.

As I go on about my daily tasks and activities, I am expectant. I am ready to receive the answer to my prayer this very day, now!

^{*} And it shall come to pass that, before they call, I will answer; and while they are yet speaking, I will hear.
—Isa. 65:24.

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Saturday

TODAY I SEEK THE PEACE OF PERFECT UNDER-STANDING IN ALL MY HUMAN RELATIONS.

O ONE lives to himself alone. Instead, his life is bound to others in varying degrees of closeness.

Our lives revolve in relation to parents and children, to husband or wife, to brothers and sisters, to close friends and casual acquaintances, to all the persons with whom we come in contact impersonally. Into all these relations I will try to put peace and understanding today.

I will remind myself that in each human being there is a divine spark, a bit of God. I will look for this spark in each person I am with, recognizing his sonship and giving thanks for the kinship

which we have in Spirit.

If I have had inharmonious relations with anyone, I will pray especially for God to help me to see the good in him and for us to meet in peace and mutual understanding.

I will seek to carry with me wherever I may go a sense of God's presence and to impart the peace and the understanding love of His presence to all persons.

* Follow after peace with all men.-HEB. 12:14.

I GIVE THANKS FOR THE PRESENCE AND POWER OF CHRIST IN ME.

T is good to remember that all we need to do when we pray is to give our attention to Christ, to His presence and power in us. When we take our thought off our problems and turn our attention to Christ, we truly pray, and our prayers are answered.

Are we afraid? Then let us think of the loving presence of Christ with us, right where we are, infolding us, surrounding us, keeping us safe in

His care.

Do we need health? Then let us think of the presence of the Christ as life, pure life, constantly flowing through us, renewing every cell, regulating every function.

Do we need supply? Let us think of the Christ presence as substance, the substance of that which we need. Christ is always ready to supply us, and

He is ever present.

Christ is the only presence and power in our lives, and He is the perfect answer to our every

need

♠ Whatsoever ye shall ask in my name, that will I do.

—John 14:13.

Monday

THROUGH THE CHRIST IN ME I EXPRESS A JUST AND LOVING SPIRIT AND I ATTRACT JUSTICE.

ANY times we have to meet situations in life that seem unjust, and our attitude toward these situations is most important. We do not overcome the appearance of injustice by being resistant, or resentful. We do not overcome injustice by retaliating with injustice.

The place to overcome the thought of injustice is within ourselves. There, in the quiet of our minds and hearts, the battle must be won. It is always won when we let go of personal feelings, of personal striving, and turn ourselves and our affairs over to the indwelling Spirit of Christ.

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No injustice can dismay us or make us unhappy when we affirm again and again, in the quietness of our inner being: "There is only justice in Spirit. Through the Christ in me I express a just and loving Spirit and I attract justice."

Our outer affairs are blessed and harmonized as we keep our inner selves centered and poised in the Truth of Christ.

[♠] That ye may be strengthened with power through his Spirit in the inward man.—EPH. 3:16.

I EXPRESS THE POSITIVE POWER OF THE CHRIST MIND IN WISDOM, LOVE, AND GOOD JUDGMENT IN HANDLING MY MONEY.

Unity to help us in handling our finances wisely, and we know that you can be blessed by using it, too.

The wisdom, love, and good judgment of the Christ Mind can be called into expression in our

lives and affairs through prayer.

Prayer can help us to maintain a happy balance in all our affairs. Prayer can help us to deny all thought of lack and all thought of wastefulness or extravagance.

Prayer helps us to cultivate a free and happy feeling about money so that we can use our money

thankfully and lovingly.

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When we affirm that we have the wisdom and good judgment of the Christ Mind, then every bit of money that comes to us or is used by us will be blessed, enriched, increased, and multiplied by the power of divine love, and order and prosperity will reign in our lives and affairs.

* Thou hast been faithful over a few things, I will set thee over many things.—MATT. 25:21.

Christmas Dau



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A

Christmas Night

JAMES DILLET FREEMAN

Christmas is more than a snow-starred day, More than a snow-hushed night; It is man's spirit taking joy

In prayer and candlelight.

In laughter, beauty, love, and life; Cleansed of the year-long plod Of care, the stable of man's heart Becomes the house of God.

Christmas to some is Christmas Day, And gifts and gaiety Of children shouting in surprise Around a tinseled tree.

Christmas to some is Christmas Night, And in the dark a star,

And in the mind thoughts calm and still As snow and starlight are.

Wednesday

LOVING LORD, I KEEP SILENCE BEFORE THEE.

FEP silence before me." The first step in prayer is to become inwardly still. Today, as I pray, I take sufficient time for becoming still. I gently shut my mind away from outer distractions and thoughts. I wait in silence upon the Lord.

"Let the peoples renew their strength." I feel the wonderful infilling of God's strength, love, joy, and peace as I wait before Him. This second step—this renewing of strength—how wonder-

fully comforting it is!

"Let them come near; then let them speak." This third step is to be taken only after a sense of closeness has been achieved. Then I speak to God out of the fullness of my heart. I speak for the things I need, for help in meeting problems, and for guidance. I speak also in praise and thanksgiving for blessings received.

"Let us come near together to judgment." After I have spoken I am still; I wait for God's help.

Such is the way I pray.

* Keep silence before me . . . let the peoples renew their strength; let them come near; then let them speak.

—Isa. 41:1.

Thursday

GOD'S SPIRIT WITHIN ME SUSTAINS ME IN CALMNESS AND PATIENCE.

OD has endowed every person with the ability to meet life in a sustained state of calmness and patience, and it is this ability that we need to recognize, accept, and cultivate in ourselves.

We may have formed the habit of reacting with sharp words and irritability when things do not go as we would like; we may find ourselves irritated and impatient when our plans are interrupted or frustrated, when someone's personality or desires clash with our own. With most of us it becomes necessary at some time to discipline ourselves to patience.

By accepting the control that is given to us through the Christ in us, we develop the deep and abiding calmness and patience that make us happier persons, that make us more pleasant to live with, that enable us to accomplish more in our daily living.

[€] In your knowledge self-control; and in your selfcontrol patience; and in your patience godliness; and in your godliness brotherly kindness; and in your brotherly kindness love.—II Pet. 1:6, 7.

I AM SURROUNDED, INFOLDED, AND PRO-TECTED BY THE INFINITE, ABIDING LOVE OF CHRIST.

I am surrounded, infolded, and protected by the infinite, abiding love of Christ.

If I travel, I do not travel alone, for the love of Christ is with me wherever I am. The protecting presence of His love guards me, sustains me, and strengthens me.

I enter into new experiences with joy and confidence. I travel new roads with faith and expectancy. I meet new persons with a welcoming heart

and mind.

Christ in me is my protection; He is my Way-Shower. I will remember this at all times, under all circumstances.

I will abide in Christ, even as He abides in me. I will not fear, for Christ in me is fearless. I will not hesitate, for Christ in me knows the way and makes it clear and certain.

Whither shall I go from thy Spirit? Or whither shall I flee from thy presence? . . . Thy right hand shall hold me.

-PSALMS 139:7, 10.

Saturday

THE LOVE OF CHRIST COMFORTS MY HEART AND LIFTS ME OUT OF ALL SADNESS. HIS JOY FILLS ME NOW.

HE love of Christ is a steady flame that burns everlastingly, and His joy is a song that never ends.

Because we do not yet understand all experiences that come to us, because we do not yet realize the fullness of God's plan for us and our dear ones, we sometimes let the weight of grief or suffering or loss obscure the light of His love and silence for a time the song of joy in our hearts.

But where human understanding cannot reach, faith holds out a hand to lead us into the sure knowledge that God is good, that He loves His children, and that He is everywhere evenly present. There is no place, no circumstance, no condition where the love of Christ does not wait to bless.

In the midst of loss or sorrow or disappointment, let us turn to Christ, knowing that His love will comfort, uplift, and sustain our hearts. Then we will hear a song of joy singing again within us.

^{*} Sorrow is turned into joy before him.—Job 41:22 (A.V.).

Sunday

THE SPIRIT OF GIVING FILLS MY HEART THIS CHRISTMAS SEASON.

HRISTMAS is the giving season, and this year I remember the spiritual gifts as well as the material ones.

With every Christmas card I send a blessing. I span the miles with a thought of love and thankfulness for friendship as I seal the envelopes. As I add the postage stamps I breathe a prayer to God to bring each one the inner gifts of the Spirit this year—a deeper understanding of Truth, a closer communion with God, a growing ability to express divine love, joy, and peace.

With every Christmas gift I wrap a prayer that this Christmas season will be filled with spiritual meaning for the receiver. As I tie the ribbons I breathe a prayer to God to grant to this one his dearest wish, to fill his most heartfelt need.

With all my gifts I send God's blessings. I wrap each one round with my own love and with the blessing of divine love.

The spirit of giving fills my heart this Christmas season.

And opening their treasures they offered unto him gifts.—MATT. 2:11.

Monday

THE SPIRIT OF JOY FILLS MY HEART THIS CHRISTMAS SEASON.

HRISTMAS time is a joyous time! I give myself to the expression of joy. The Christmas story is a joyous story, and its joy has lived through the years. Today I let this joy shine in my mind and heart.

This is a time of joy. I let no fear or doubt creep into my mind to dull its bright glow. I let no outer circumstance hinder my expression of it. This is the season of joy, and I fill my whole

life with its bright coin.

Dear Father-God, today in quietness and peace I open my heart to you. Fill my being with the essence of joy. Show me ways to express this joy, to let it overflow into the lives of those around me.

Let me understand more truly the joyous meaning of the Christmas story and help me to translate this meaning into my own celebration of Christmas. In His name. Amen.

And lo, the star, which they saw in the east, went before them, til it came and stood over where the young child was. And when they saw the star, they rejoiced with exceeding great joy.—MATT. 2:9, 10.

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THE SPIRIT OF LOVE FILLS MY HEART THIS CHRISTMAS SEASON.

A Christmas it is easy to open my heart to divine love if I but take time from the busy press of the season. Today I think about this love—the love that flooded the world on that night the star shone in the east; when angel voices sang to shepherds—this love is waiting to flood my heart if I but let it.

In silence I wait upon the Lord, my heart prepared to receive His love. I put aside the many activities that crowd the days. I rest serene, and divine love fills and thrills my heart and soul. A radiant sense of peace and joy accompanies this

infilling of love.

As I go about the business of the day, I will hold close the wonder of divine love, guarding against the thoughtless word or impatient action. I will keep it close and at the same time I will let it flow out in thought, word, and deed to bless everyone in my world.

The spirit of love fills my heart this Christmas

season.

And an angel of the Lord stood by them, and the glory of the Lord shone round about them.—LUKE 2:9.

Wednesday

DURING THIS CHRISTMAS SEASON I TURN TO THAT QUIET PLACE WITHIN MY HEART WHERE THE HEALING CHRIST ABIDES.

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Î trust God's Spirit in my heart, the Spirit which joyously declares, "Fear not, for I bring you good tidings of great joy, for within your being there lives this day and always, a healing, loving, protecting, resurrecting presence, which is Christ,

your Lord."

Behold, I bring you good tidings of great joy.—LUKE 2:10.

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THE SPIRIT OF PEACE FILLS MY HEART THIS CHRISTMAS SEASON.

ODAY I let go of all thought of strife and tension.

Quietly I wait upon the Lord, Jesus Christ, asking for the blessing of His "peace . . . which passeth all understanding." He fills my mind, heart, and soul with divine peace.

As I go through the hours of a busy day nothing can upset or disturb me. I will not be a part of any inharmony. Instead I will be rooted and grounded in peace; I will go my way calmly wherever I am.

Whenever I begin to feel tense or hurried, I will stop and for a moment turn silently within to find God's peace again. I will praise and give thanks that peace surrounds me and that all my affairs are blessed with peace and order. This Christmas season I will let peace and divine order flow through the work of my hands and the activities of the day.

The spirit of peace fills my heart this Christmas season.

^{*} Thou wilt keep him in perfect peace, whose mind is stayed on thee.—ISA. 26:3.

"GLORY TO GOD IN THE HIGHEST."

In the stillness and quietness of Christmas Eve I give my whole being to worship, my whole heart to adoration of Jesus Christ, the One called, "Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace."

As the prophets of old foretold the coming of the Messiah into the waiting world, so now the thoughts of my mind foretell the coming of the

Christ into my waiting consciousness.

As the shepherds listened in the dark of the night to the heavenly hosts of angels, singing their song of peace, so now I listen in the stillness, and a song of light and glory sounds deep within my being.

As I turn within, giving all my thought, all my attention, all my devotion to God, I am brought like the Wise Men into the very presence of the

Christ indwelling.

Christ is made known to me. Christ is now come forth as newly born love, newly born wisdom, newly born joy, newly born peace.

[•] For unto us a child is born, unto us a son is given . . . and his name shall be called Wonderful.—ISA. 9:6, 7.

Christmas Day

DECEMBER 25

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I LOVE CHRISTMAS.

LOVE Christmas more than any other day in the year. On this day my heart is filled with love for my fellow men. On this day I feel the quickening of the Christ in my heart; I am drawn closer to the great heart of God.

I love Christmas more than any other day in the year. I love the joy and peace, the love and happiness, the fellowship and good will that Christmas inspires. I love to think of Jesus, born in humble surroundings, yet bringing to earth the supreme gift of God's love.

I love Christmas more than any other day in the year, for on this day people everywhere let joy flow through them to bless all who come into the

circle of their lives.

I love Christmas more than any other day in the year, and so I shall try to keep Christmas all year through. I shall try to make every day a blessed and wonderful day—a day of love, a day of joy, a day of peace, a day of giving and receiving, a day of praising God, the Father, a day of rejoicing in Jesus Christ.

^{*} There is born to you this day . . . a Saviour.—LUKE 2:11.

I LOVE THE CHRIST IN ME, WHO IS MY "HOPE OF GLORY."

I LOVE Christmas and all that it means. But more than the outer celebration, I love the inner awakening, the rebirth of the Christ in me that takes place at Christmas time.

I know now the real meaning of Christmas, the real mystery of it all. It is the discovery of

the Christ within.

This is "the mystery which hath been hid for ages and generations . . . Christ in you, the hope

of glory."

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Today I praise and give thanks for Christ in me. I breathe a prayer of wonder and worship: "Christ is born in me today; hallowed be His presence within me."

This day after Christmas I let go of all tension or anxiety and lay hold of the inner power that is mine through the Christ indwelling. I make this a day of blessing and praise for all that Christmas means.

Christ is born in me.

I love the Christ in me who is my "hope of glory."

& Christ in you, the hope of glory .- COL. 1:27.

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THROUGH CHRIST I AM STRONG, CAPABLE, AND COURAGEOUS.

AM strong, capable, and courageous, and I know no hesitancy as I begin the tasks before me this day. Through the Christ within I accomplish my work with confidence, and all is

done efficiently and well.

When I acknowledge God as my help I have no feelings of inferiority or inadequacy, and I find that I am increasingly adept in all I do. Fearlessly, I embark upon each phase of the work that is mine to do, and whether it is a new task or a familiar one I perform it smoothly and well. Knowing that it is God's work being done through me, I am conscientious and thorough.

I do my work joyously as I do it to the honor of man and to the glory of God. I no longer regard it as a mere chore performed for a wage, but as a work that God would have me accomplish for Him. I rejoice that I may thus participate in His orderly plan of progress, and I grow daily in ef-

ficiency and confidence.

Through Christ I am strong and capable.

And in every work that he began . . . he did it with all his heart, and prospered.—II CHRON. 31:21.

Tuesday

IF I HAVE DONE LESS THAN MY BEST I DO NOT DESPAIR. I ASK CHRIST'S FORGIVENESS AND THEN LET GO OF THE MEMORY OF IT AS I GO FORWARD WITH HIS HELP INTO A NEW DAY.

As we study Truth and try to live in accordance with its laws, it troubles us to suddenly realize that we have fallen into a negative thought pattern, spoken intolerantly, or acted selfishly. It is not easy to overcome old race prejudices and false beliefs; it is not easy to overcome old habits.

But when we have not done our best, let us ask the Christ in us to forgive and to help us go forward steadfastly into a new realization of what it means to live by Truth.

We can be sure of the forgiveness of Christ if we truly ask for it. Then we must also forgive ourselves! If our words or actions have hurt another person, let us do anything we can to make the matter right. Then let us go forward, letting go of the memory and losing ourselves in the living of the new day. Let us know that the forgiving love of God has set us free.

Let him return unto . . . our God, for he will abundantly pardon.—ISA. 55:7.

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I HAVE MY BEING IN THE ETERNAL FLOW OF ENERGY FROM THE HEART OF GOD.

THINK OF the eternal flow of energy from the heart of God. I think of the consistently dependable energy underlying and sustaining all of the creative processes of life. I have being in this energy.

I have energy sufficient to do the things I want and need to do.

As I undertake a new day's activities, I remember that I have my being in the eternal flow of God's energy.

I remember that I can appropriate this energy through my thought. I affirm its presence within me. I give myself over to its renewing activity. I accept the vitality, the added power that energy gives.

I have my being in the eternal flow of energy from the heart of God. In Him I have strength for every need; I am equal to every demand made upon me.

€ But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.—IsA. 40:31. (A.V.).

Thursday

PERFECT HARMONY ABIDES IN MY HEART AND FILLS MY LIFE.

o you ever wonder why inharmony comes into your experience when all you want is peace and good will? Harmony is something we all deeply desire, and it is something all of us can have if we let the love of God abide in our hearts.

Certainly, there are few hearts that have not felt the love of God at some time for some one, but to find true harmony filling our lives requires the love of God to abide with us.

To have the love of God abide in our hearts means to live with it constantly, not only when others are loving to us or when all seems well, but always.

God's love will come into our hearts for the asking, but it abides there only when it has full sway. God's love cannot live with hatred, with criticism, with condemnation.

But if we truly want God's love to abide with us, we can turn our thoughts and emotions toward it until it consumes all these negative emotions in its purifying fire.

^{*} The greatest of these is love .- I COR. 13:13.

Friday

OLD THOUGHTS AND OLD CONDITIONS ARE AS WATERS THAT HAVE PASSED AWAY. I AM OPEN AND RECEPTIVE TO NEW BLESSINGS AND NEW JOYS.

of any thought or feeling that is unhappy, negative, or unworthy of the highest in us. Let us become still and say in the silence of our souls, "Old thoughts and old conditions are as waters that have passed away." Then, in the stillness, let us relax physically and mentally and let old burdens of thought or emotions slip quietly from our hearts and minds.

The letting go of old states of mind can be effortless when we do it in the silence, when we open ourselves to the light, the life, the power of the Spirit.

In the quietness of prayer we prepare ourselves for progress and growth. We make ourselves open and receptive to new blessings, to new joys.

Now, as the year ends, we can put an end to fear, to worry, to doubt. Now, as the year ends, we can make ready for a new beginning.

[€] The old things are passed away; behold, they are become new.—II COR. 5:17.

This Month IN UNITY

The Story of Unity

Here is an excellent way to introduce your friends to Unity: give them The Story of Unity for Christmas. The Story of Unity, a standard Unity book priced at \$1, is an abridged edition of the de luxe, \$5 Unity book, The Household of Faith, by James Dillet Freeman. The Story of Unity includes all of Mr. Freeman's original text telling of Charles and Myrtle Fillmore and the growth of the Unity movement, and omits only the special binding, colored photographs, and selected articles by Charles Fillmore found in the de luxe, \$5 edition. Order several copies of The Story of Unity, priced at only \$1, today.

Gifts for Children

Unity has a new children's book this Christmas, Barky's New Home, by Georgia Tucker Smith. This book contains readaloud stories in rhymed prose that children love, and it is illustrated with charming draw-



ings. On page 46 of this DAILY WORD you will find a listing of eight more books that any child will like. All the Unity books for children are

priced at only \$1 each.

Wee Wisdom magazine also makes an especially nice gift because it has a new serial starting in the Christmas number—"The House of Coon Holler," by Olive Rambo Cook. Wee Wisdom also has poems, short stories, pictures, and many features, and is priced at \$2 a year.

A Christmas "Thank You"

Through the Silent-70 department, Unity litera-



ture is sent free of charge to prisons, orphanages, mission schools, hospitals, and many other institutions, as well as to armed forces libraries and personnel.

At Christmas time, these gifts of Unity literature are especially

appreciated by those who receive them because they come from friends—from all the friends of Unity who support this work through their love offerings.

To these friends Unity sends a warm Christmas "thank you" from the Silent-70 department and all those whom it serves in this way.

GIVE UNITY BOOKS FOR CHRISTMAS

(These books are \$1 each unless otherwise stated)

FOR BEGINNERS

A More Wonderful You Beginning Again Doctor Houston Speaking Favorite Unity Radio Talks God a Present Help God Is the Answer (Dutch or English) How I Used Truth (German or

English)
Lessons in Truth (Italian, English, French, German, Russian, Spanish, Butch)
Lovingly in the Hands of the Father Myttle Fillmore's Healing Letters

New Ways to Solve Old Problems Peace Regins at Home Prove Me Now The Great Physician The Story of Unity Things to Be Remembered Whatsoever Y? Shall A.k.

FOR HEALING

Christian Healing (English or German)
Divine Remedies
Jesus Christ Heals
Truth Ideas of an M.D.
You Can Be Healed (English or Swedish)

FOR THE HOME

You and Your Child (English or

FOR PROSPERITY

As You Tithe So You Prosper (50¢)
Both Riches and Honor (French or
English)
Prayer in the Market Place
Prosperity's Ten Commandments
Working with God

FOR INSPIRATION
Best-Loved Unity Poems

Be of Good Courage Mightier than Circumstance Prayer Changes Things

The Household of Faith (\$5) The Sunlit Way

FOR DEVOTION

Bible, American Standard Edition (\$6.50)

Book of Silent Prayer (50¢) Keep a True Lent Effectual Prayer The Silence (50¢)

FOR ADVANCED STUDY Atom-Smashing Power of Mind

Christ Enthroned in Man Have We Lived Before? Know Thyself Let There Be Light (\$2) Metaphysical Bible Dictionary (\$5) Mysteries of Genesis Mysteries of John

Selected Studies
Talks on Truth
Teach Us to Pray (English or French)

The Twelve Powers of Man What Are You?

FOR CHILDREN

Adventures of the Seven Spartans Barky's New Home Barky and His Friends Crybaby Kangaroo Jet's Adventures Jet and the New Country Jet's Choice Teach Me to Pray Thank You, God

CHRISTMAS GIFT BOOKS

To Make Boys and Girls Happy \$1 EACH



Read-Aloud Books

Written by Georgia Tucker Smith. Rhymed prose with many illustrations. Large size.

Crybaby Kangaroo Barky and His Friends Barky's New Home (new this year)

Books of Pioneer Stories

Illustrated with pen-and-ink drawings. Written by Bula Hahn.

Jet's Adventures
Jet and the New Country
Let's Choice

A Book about the Spartan Club

Written by Lawrent Lee. Illustrated with silhouette drawings.

Adventures of the Seven Spartans

Books about Prayer

By Bill and Bernard Martin. Large size. Many pictures in full color.

Thank You, God Teach Me to Pray

UNITY SCHOOL OF CHRISTIANITY

Unity Books for Christmas

NEW THIS YEAR: Doctor Houston Speaking, by Zelia M. Walters. A new book about the friendly Truth counselor, Doctor Houston. True stories of victories gained through prayer.

POETRY: Best-Loved Unity Poems, an anthology. Favorite poems from Unity literature; 181 poems by 111 authors.

SELF-IMPROVEMENT: Peace Begins at Home, by Clara Beranger. Rich ideas to help the reader establish harmony and peace in his life.

PRAYER: Effectual Prayer, by Frances W. Foulks. A dependable guide; twenty-eight meditations and an explanation of prayer.

LIVING TODAY: Favorite Unity Radio Talks, a collection. Some of the most popular scripts used on the "Unity Viewpoint" radio program.

HAPPINESS: God Is the Answer, by Dana Gatlin. Articles that have proved most useful in demonstrating health, prosperity, and joy.

BIOGRAPHY: The Story of Unity, by James Dillet Freeman. Complete story of Charles and Myrtle Fillmore and the Unity movement. (A 222-page abridged edition of the de luxe \$5 book The Household of Faith.)

UNITY SCHOOL OF CHRISTIANITY



NEW GREETING BOOKLET

Merry Christmas to You

The new Unity Greeting Booklet called Merry Christmas to You will convey to your friends in the warmest way all the good

wishes you want to send them at the Christmas season. It contains several articles by Ernest C. Wilson plus poems by various authors, all in the true Christmas spirit. Its cover bears a lovely, full-color photograph of children carolers.

Other greeting booklets for Christmas giving are:

The Challenge of the
Dawn
Christmas Blessing
The Christmas Spirit
The Gift Imperishable
God Is Bless
Holy Bread
Christmas
Christmas
The Mental
The Week Before Christmas

God Is Blessing You Now Holy Bread I Wish You Merry Christmas Life Is Consciousness The Mental Equivalent

Pocket size and printed on fine paper, each colorful Unity Greeting Booklet comes with a Christmas mailing envelope. They are sent direct to you so that you may personally address and mail them to your friends. The booklets are priced at 10 cents each; 12 assorted (your selection or ours) for \$1.

GIVE YEAR-LONG ENJOYMENT

By Giving Unity Magazines & for Christmas

UNITY. The oldest of the Unity magazines, UNITY is rich in material for the advanced student of Truth. The keynote is healing through faith. Published monthly, \$1 a year.

WEEKLY UNITY. Eight pages packed with practical ideas to help you every day of the week. Especially appealing to those who are new in the study of Truth. Published weekly, \$1 a year.

GOOD BUSINESS. A magazine that teaches people to think in terms of success, through the application of Truth principles to the business of making a living. Published monthly, \$1 a year.

YOU. The Unity magazine that is designed especially for teen-agers. Both entertaining and inspirational in content, it is an ideal choice for any young person. Published monthly, \$1 a year.

WEE WISDOM. A fascinating, fully illustrated magazine for children up to thirteen, designed to bring boys and girls a better understanding of God working in their lives while it entertains. Published monthly, \$2 a year.

DAILY WORD. Whose contents, of course, you already know. Published monthly, \$1 a year.

Order any of these magazines from:

UNITY SCHOOL OF CHRISTIANITY





Blessed be your Christmas, Blessed be your day; Bright be your heart and home Happy your way.

Blessed be your Christmas, Rich be your share Of gifts of the Father's love — This is our prayer.

Christ be your welcome guest, Christ be your friend; Blessed be your Christmas — Beginning to end!

